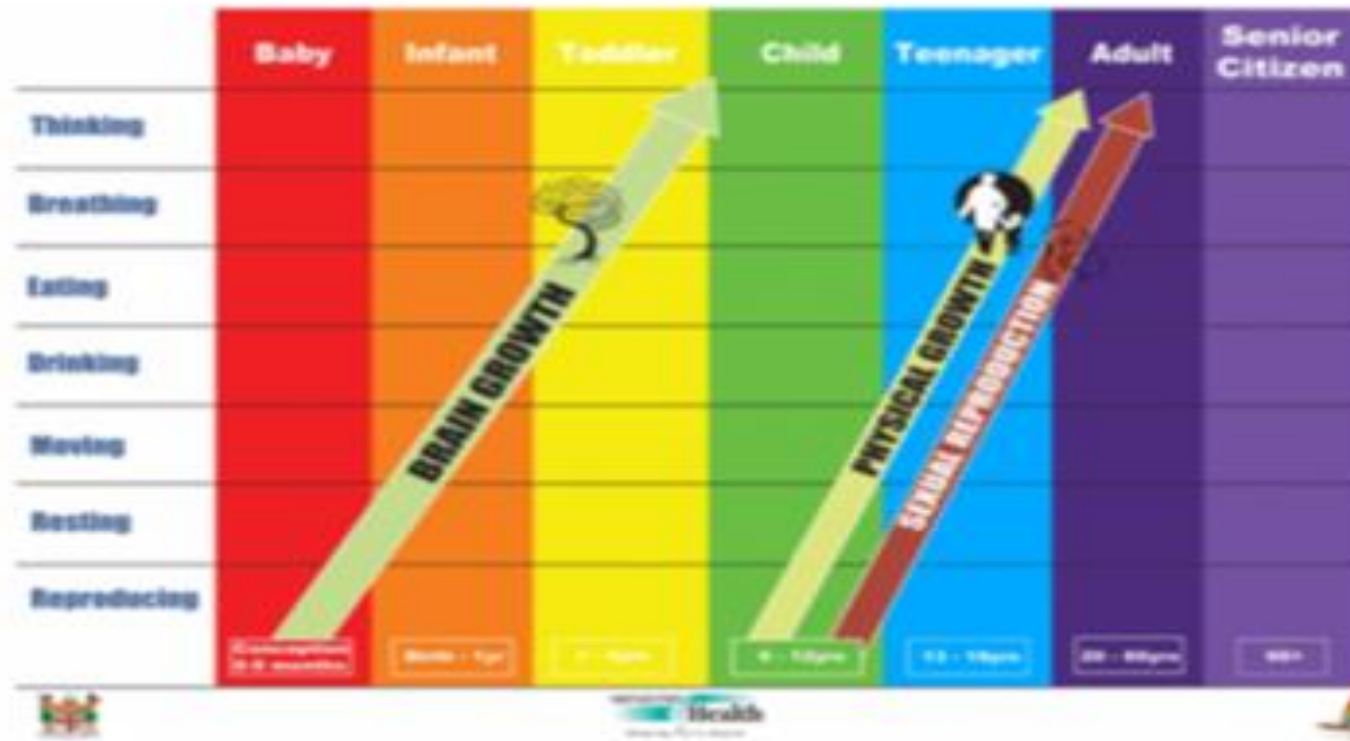


**OUR PEOPLE! TODAY'S
TALENT! TOMORROW'S
SUCCESS!**

**FIJI HUMAN RESOURCE INSTITUTE
ANNUAL NATIONAL CONVENTION
28 OCTOBER 2017**

FIJIANS 25-64 YEARS (1953 – 1992)

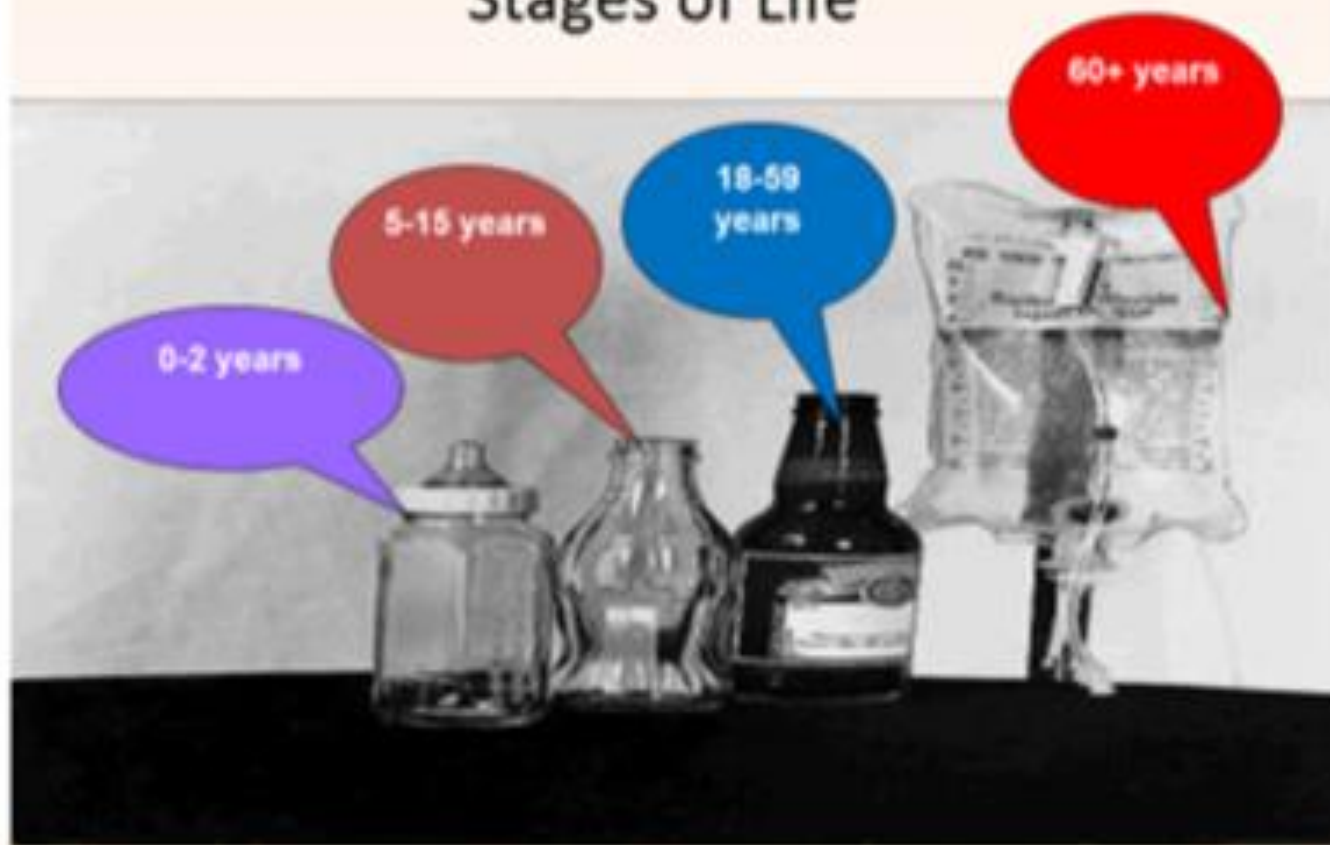


FIJIANS (1985 -2011)

Mouth



Stages of Life



Muscles



common risk factors

FIJI STEPS SURVEY	2002	2011	REMARK
SMOKING DAILY	17.5%	16.6%	-0.9%
Fruit and Vegetable Consumption daily	N/A	85%	85% Fijians eat less than 5 servings of fruits/vegetables per day
ALCOHOL	21.6%	30.6%	+9%
PHYSICAL INACTIVITY	N/A	20.8%	Subjective?

INTERMEDIATE RISK FACTORS

FIJI STEPS SURVEY	2002	2011	REMARK
OBESE (25-64 YEARS)	23.6%	32.1%	+ 8.5%
OBESE (5-18 YEARS)	6.4% (NNS 2004)	8.4% (NNS 2014)	+ 2.0 %
HIGH BLOOD PRESSURE	24.2	31.0	+6.8%
HIGH BLOOD SUGARS	16.5%	15.6%	- 0.9%

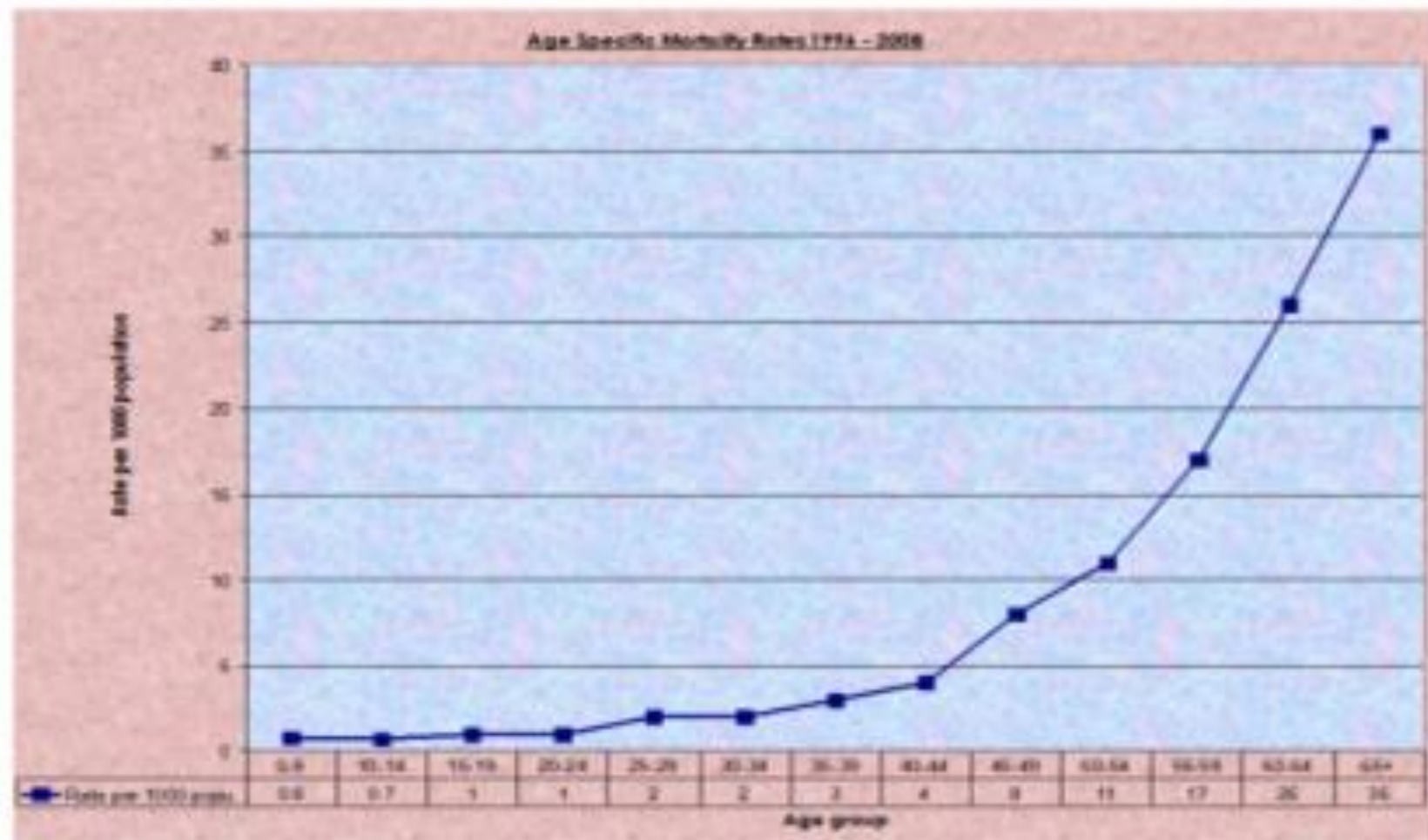
FIJI COMORBIDITY 2011

- 1. Daily Smoker**
- 2. Overweight**
- 3. Raised Blood Pressure**
- 4. Consume less than five combined servings of fruit and vegetable per day**
- 5. Physically inactive**

SUMMARY OF FIJIAN COMORBIDITY

AGE GROUP	LOW	MODERATE	HIGH
25-44	3%	68.8%	28.1%
45-64	1.2%	52.3%	46.5%
25-64	2.3%	62.0%	35.8%

PREMATURE DEATH TRENDS





2025 GOAL
PREMATURE
MORTALITY

25%
REDUCTION



Global NCD Targets



DIABETES
OBESITY
0%
INCREASE



TABACCO
USE
30%
REDUCTION



HIGH BLOOD
PRESSURE
25%
REDUCTION



HARMFUL
USE OF
ALCOHOL
10%
REDUCTION



SODIUM
INTAKE
30%
REDUCTION



80%
REDUCTION
IN RISK FACTORS
FOR
CARDIOVASCULAR
DISEASE AND
STROKE



PHYSICAL
INACTIVITY
10%
REDUCTION



SODIUM
INTAKE
30%
REDUCTION



50%
REDUCTION
IN RISK FACTORS
FOR
CARDIOVASCULAR
DISEASE AND
STROKE

Source of icons: World Heart Federation Champion 2015, Diabetes Programme

CONCLUSIONS

OUR PEOPLE

TODAYS TALENT

TOMORROWS SUCCESS



VINAKA VAKALEVU

THANK YOU VERY
MUCH

DHANYAVAAD